



Milk Options: 1%, Skim, Skim Chocolate
Lactose reduced milk provided on written request
Fresh Vegetables Served Daily
Menu is subject to change



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Chicken Nuggets OR
Mini Corn Dogs, Dinner Roll,
Mashed Potatoes, Carrot Sticks,
Pineapple Tidbits, Apple **1**

Popcorn Chicken with
Dinner Roll OR Italian Sub
Sandwich
Whole Kernel Corn, Diced Pears,
Apple **8**

Cinnamon French Toast **15**
OR Whole Grain Waffle, Ham
Patty, Hash Brown Potato,
Tomato Juice, Strawberry Sauce,
Mandarin Oranges

Shrimp Popper OR **22**
Teriyaki Chicken
Dinner Roll, Rice, Carrot Sticks,
Apple Sauce, Kiwi

29
NO SCHOOL

Tuesday

Beef Nachos with Tostito **2**
Chips OR Chicken Fajita,
Lettuce, Tomato, Salsa, Celery
Sticks, Mixed Fruit, Orange
Wedges

Pizza Burger on a Bun OR **9**
Crispy Chicken Patty on Bun
Seasoned Green Beans,
Cucumber Slices with Dip, Peach
Sauce, Kiwi

Toasted Cheese Sandwich **16**
OR
Hog Dog on Bun
Chili, Crackers, Carrot & Celery
Sticks, Diced Pears, Orange
Wedges

Philly Cheese Steak **23**
Sandwich OR
BBQ McRib on Bun
Green Beans, Sliced Peppers,
Onions, Diced Peaches, Grapes

30
COOK'S CHOICE

Wednesday

Hamburger on Bun OR Hot **3**
Dog on Bun
Calico Beans, Potato Rounds, Pear
Sauce, Grapes

Pepperoni Pizza OR **10**
Cheese Pizza
Peas, Pineapple Sauce, Apple
Crisp

Crispy Chicken Strips OR **17**
Salisbury Steak
Dinner Roll, Mashed Potatoes,
Peach Sauce, Grapes

Hamburger Patty on Bun **24**
OR
Fish Wedge on Bun
Baked Beans, Potato Salad,
Pineapple Sauce, Orange
Wedges

31
COOK'S CHOICE

Thursday

Chicken-N-Gravy over **4**
Biscuit OR
ELEM: Chef Salad & Dinner Roll
HS: Salad Bar
ALL: Peas, Apple Sauce, Kiwi

Sliced Ham OR Meat Loaf **11**
Dinner Roll, Au Gratin Potatoes,
Mixed Fruit, Grapes

Lasagna with Bread Stick **18**
OR
ELEM – Chef Salad
HS – Salad Bar
Peas, Pineapple Sauce, Apple

Stuff Crust Pizza OR **24**
Chicken Wrap
Whole Kernel Corn, Sliced
Peppers, Tomatoes, Pear Sauce,
Apple

June 1, 2 & 5
COOK'S CHOICE

Friday

Taco Salad Supreme OR **5**
Cheesy French Bread Pizza
Refried Beans, Lettuce, Tomato,
Salsa, Fruit Variety

BBQ McRib on Bun OR **12**
Cheesy French Bread Pizza
Vegetable Variety, Fruit Variety

Hot Ham & Cheese on Bun **19**
OR Cheese Quesadilla
Vegetable Variety, Fruit Variety

Sloppy Joe on Bun OR **26**
Grilled Chicken Patty on Bun,
Vegetable Variety, Fruit Variety

