



Milk Options: 1%, Skim, Skim Chocolate
Lactose reduced milk provided on written

Menu is subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Crispy Chicken Nuggets **1**
 OR Mini Corn Dogs,
 Dinner Roll, Mashed Potatoes,
 Cauliflower, Mixed Fruit,
 Grapes

Taco in a Bag OR **2**
 Cheese Quesadilla
 Refried Beans, Shredded
 Lettuce, Tomatoes, Salsa,
 Fruit Variety

Hamburger Patty on **5**
 Bun OR Hot Dog on Bun
 Calico Beans, Potato Rounds,
 Pineapple Sauce, Apple

Pizza Burger on Bun OR **6**
 Crispy Chicken Patty on Bun,
 Green Beans, Carrot Sticks,
 Peach Sauce Kiwi

Chicken & Gravy over **7**
 Biscuit OR Chef Salad &
 Dinner Roll, Peas, Celery
 Sticks, Apple Sauce, Grapes

Crispy Chicken Strips OR **8**
 Salisbury Steak, Dinner Roll,
 Mashed Potatoes, Corn, Pear
 Sauce Orange Wedges

Hot Ham & Cheese on **9**
 Bun OR
 Cheesy French Bread Pizza
 Vegetable Variety
 Fruit Variety

Cinnamon French Toast **12**
 OR Waffle, Ham Patty, Hash
 Brown Potato, Tomato Juice,
 Strawberry Sauce, Mandarin
 Oranges

Sloppy Joe on Bun OR **13**
 Grilled Chicken Patty on
 Bun
 Broccoli/Cauliflower, Pear
 Sauce Fruit Medley

Stuff Crust Pepperoni **14**
 Pizza OR Stuff Crust Cheese
 Pizza, Green Beans, Lettuce,
 Peach Sauce, Apple, Assorted
 Ice Cream Treats

Tator Tot Hot Dish with **15**
 Dinner Roll OR Italian Sub
 Sandwich, Carrot Sticks,
 Pineapple Sauce, Kiwi

Taco Salad Supreme OR **16**
 Cheese Quesadilla,
 Refried Beans, Lettuce,
 Tomato, Salsa, Fruit Variety

NO SCHOOL **19**

No School **20**

Shrimp Poppers OR **21**
 Teriyaki Chicken, Dinner
 Roll, Rice, Caesar Salad,
 Carrot Sticks, Mixed Fruit,
 Grapes

Philly Cheese Steak **22**
 Hoagie OR BBQ McRib on
 Bun, Green Beans, Sliced
 Peppers, Onions, Pear Sauce,
 Apple

Hamburger on Bun OR **23**
 Fish Wedge on Bun
 Vegetable Variety
 Fruit Variety

Popcorn Chicken with **26**
 Dinner Roll OR Italian Sub
 Sandwich, Corn, Celery Sticks,
 Apple Sauce, Kiwi

Beef Nachos with **27**
 Tostito Chips OR Chicken
 Fajita, Lettuce, Tomato, Salsa,
 Cauliflower, Peach Sauce,
 Orange Wedges

Bologna Sandwich OR **28**
 Hot Dog on Bun
 Vegetable Beef Soup,
 Broccoli, Pineapple Sauce,
 Apple

