



**Breakfast Milk Options: 1% or Skim**  
**Lactose reduced milk provided on written request**  
*Menu is subject to change*



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Breakfast Round **1**  
 Cheese Stick  
 Pear Sauce  
 Apple Juice

ELEM – Ham & cheese on **2**  
 Biscuit  
 HS – Graham Cracker, Cereal Bar,  
 Yogurt  
 ALL - Apple Sauce, Orange Juice

ELEM – Cereal, Toast, **3**  
 Raisins  
 HS – Apple Cinnamon Muffin,  
 Cheese Stick  
 ALL – Peach Sauce, Grape Juice

ELEM – Scrambled Eggs, **4**  
 English Muffin  
 HS – Cowboy Bread, Cheese Stick  
 ALL – Mixed Fruit, Apple Juice

Apple Frudel, Cheese Stick, **5**  
 Apple  
 ELEM – Pineapple Sauce  
 HS – Tropical Fruit

ELEM – Breakfast Pizza, **8**  
 HS – Banana Bread, Cheese  
 Stick  
 ALL – Apple Sauce, Orange

Mini Bagel, Cheese Stick, **9**  
 Pear Sauce, Orange Juice

ELEM – Sausage Patty, **10**  
 Waffle  
 HS – Donut, Cheese Stick  
 ALL – Mixed Fruit, Grape Juice

Blueberry Muffin, Cheese **11**  
 Stick, Apple Juice  
 ELEM – Pineapple Sauce  
 HS – Tropical Fruit

Mini Cinni Roll **12**  
 Cheese Stick, Peach Sauce,  
 Apple

Graham Cracker, Yogurt, **15**  
 Mixed Fruit, Orange Juice  
 ELEM – Granola Bar  
 HS – Cereal Bar

Cowboy Bread, Cheese **16**  
 Stick, Apple Sauce, Apple  
 Juice

ELEM – Ham Patty, French **17**  
 Toast  
 HS – Apple Frudel, Cheese Stick  
 ALL – Pear Sauce, Grape Juice

ELEM – Cereal, English **18**  
 Muffin, Raisins  
 HS – Whole Grain Cinnamon Roll,  
 Cheese Stick  
 All – Mandarin Oranges, Orange  
 Juice

Breakfast Round **19**  
 Cheese Stick  
 Peach Sauce  
 Apple Juice

ELEM - Pancake & Sausage **22**  
 On Stick  
 HS – Mini Bagel, Cheese Stick  
 ALL – Pear Sauce, Orange Juice

Apple Cinnamon Muffin, **23**  
 Cheese Stick, Mixed Fruit,  
 Grape Juice

ELEM – Pizza Bagel, Hot **24**  
 Cinnamon Apples  
 HS – Banana Bread, Cheese Stick,  
 Apple Sauce  
 ALL – Apple Juice

Mini Cinni Roll **25**  
 Cheese Stick, Grape Juice  
 ELEM – Pineapple Sauce  
 HS – Tropical Fruit

Donut, Cheese Stick, **26**  
 Peach Sauce, Apple

**29**  
 NO SCHOOL

**30**  
 COOK'S CHOICE

**31**  
 COOK'S CHOICE

**June 1, 2 & 5**  
 COOK'S CHOICE

